

STATE-CERTIFIED

DAY CAMP 2021 PROGRAM

"Adventures in Wellness" will focus on developing social, emotional, and physical well-being through FUN structured activities and curriculum. The goal is to enable campers to sense being an individual and navigating through daily tasks and life challenges in a healthy and productive manner.

PRICES

CORE DAY

8am-3pm
\$30/day
Save \$2

CORE+AFTERCARE

8am-6pm
\$48/day

AFTERCARE

3pm-6pm
\$20/day

FULL DAY CAMP

8am-3pm
\$225/week
Save \$25

FINANCIAL AID

Financial Aid is available to those who qualify. All families who apply for aid must first apply to the Early Learning Resource Center (state subsidy) before financial aid will be given by North Light directly.



PARTNERSHIPS

Look for exciting programming with our partners:

- Rock to the Future
- Schuylkill Nature Center
- Read-To-Succeed
- Bridging the Gap with Drexel Medicine
- Unity Yoga
- Villanova Nurses
- Nutritional Meal Development
- Fitness with Karan

SUMMER 2021



ADVENTURES IN WELLNESS DAY CAMP 2021

JUNE 28–AUGUST 20
AGES 4 TO 12
MONDAYS-FRIDAYS

175 Green Lane
Philadelphia, PA 19127
215.483.4800
northlightcc.org

Registration deadline June 21, 2021

REGISTRATION FORM

Please print clearly.

For questions: rbanson@northlightcommunitycenter.org

Child's immunizations must be up to date. Please provide copy. Paperwork Drop-Off: Mon., Wed., Fri. from 4:00-6:00pm | Tue. thru Fri., from 5:00-7:30pm | Or by appointment

Child's Name _____

Address _____

City _____ State _____ Zip _____

Home Phone _____

Birth Date/Year _____

Age _____ Grade _____

School _____

T-shirt Size: Youth: S M L Adult: S M L

Mother's/Guardian Name _____

Email _____

Work Phone _____ Cell Phone _____

Father's/Guardian Name _____

Email _____

Work Phone _____ Cell Phone _____

When Attending: ___ Full Day ___ Core Day ___ Aftercare

Weeks Attending: ___1___2___3___4___5___6___7___8___ Other _____



CAMP ACTIVITIES

PHYSICAL WELL-BEING

Physical activities are structured to help the children develop physiological awareness and increase exposure to healthier lifestyles. Some of these activities are: **Yoga, Sprinklers, Sports, Exercise, Nutrition & Cooking, Body & Sleep Hygiene Lessons**

CREATIVE EXPRESSION

Creative Expression activities are designed to help the students identify their sense of individualism through creative expression in the following areas: **Arts and Crafts, Performing Arts, Music Expressive Writings**

ENCOURAGING INTELLIGENCE

Encouraging children's intelligence will increase their cognitive thinking skills to help them make wise and thoughtful choices through activities focused on: **STREAM (Read-to-Succeed Program), Mindfulness, Peer-to-Peer Discussion**

UNDERSTANDING THE ENVIRONMENT

Understanding the environment helps develop the child's naturalistic style of learning. Children will have hands on experiences to learn the basics about nature and the ways to care for ecosystems with programs like: **Gardening, Outdoor Adventures**